

Sea Gull Century 2019 Rider Information (Please Read Carefully!)

Sponsored by Salisbury University Foundation, Inc.

General Information

- Carry your charged cell phone with you at all times.
- First aid is available in mobile units along the route and at rest stops.
- Add **dispatch line** in your phone: **410-543-6342**.
- Print your route map and parking information found online www.seagullcentury.org.
- Pick up your rider t-shirt included with registration in Maggs Gym starting Friday at 3 p.m.
- Information table is located in the main lobby of Maggs Gym 3-8 p.m. Friday and 6:30 a.m.-6:30 p.m. Saturday.
- Refund Policy: No refunds or transfer of registration to another tour year.
- There is no rain date; we ride rain or shine. In case of severe weather, Sea Gull Century reserves the right to cancel/alter/modify the tour for safety concerns. In any case, we do not refund tour entry fees or transfer registrations to another tour year. In the unlikely case a tour is canceled, you may claim your registration fee as a tax-deductible donation.
- **Cup-free event: Bring your water bottle!**

Rules and Safety Guidelines

- Keep to the right.
- Do not ride more than double on secondary roads, or more than single file on primary roads.
- 2019 rider registration number, helmet sticker and bike number must be worn at all rest stops.
- Always wear a helmet.
- Obey all traffic signals, signs and officers.
- Do not swerve in the road or between parked cars.
- Check for oncoming traffic before entering the street or at any intersection.
- Use pedestrian sidewalk when crossing the Verrazano Bridge to and from Assateague Island State Park.

Start and Finish Information

- Follow appropriate road markings throughout route:
Assateague Century: White Sea Gulls
Princess Anne Metric: Yellow Sea Gulls
- The ride starts and finishes on the east side of campus near the corner of Bateman and Wayne streets.
- “Show and Go” Start: You DO NOT need to check in.



Start Time 1st Heat: 7-7:45 a.m.

Pace groups and faster riders. For cycling safety, if you typically pass riders, please use this start time.

- After 5 p.m., please dismount and walk your bike through the tunnel to main campus.
- All riders must return by 6 p.m. when route service ends.

Maps/Parking Information: Available Online

- All route maps are available online at www.seagullcentury.org – Please print your route and carry it with you on Saturday.
- Please note, if you park in an area not designated for Sea Gull Century (either on SU’s campus or in the Salisbury area), your car may be towed.
- Please plan ahead for parking. We do our best to accommodate. Look for “Recommended Parking Map” online. There is NO overnight parking available at SU.

Vendor Exhibit

- Various bicycle shops and other vendors are available inside Maggs Gym 3-8 p.m. Friday, and 7 a.m.-6 p.m. Saturday.
- To purchase SGC merchandise online visit www.seagullcenturystore.com.
- New 2019 cycling gear offered by Primal: www.primalwear.com/collections/seagull.

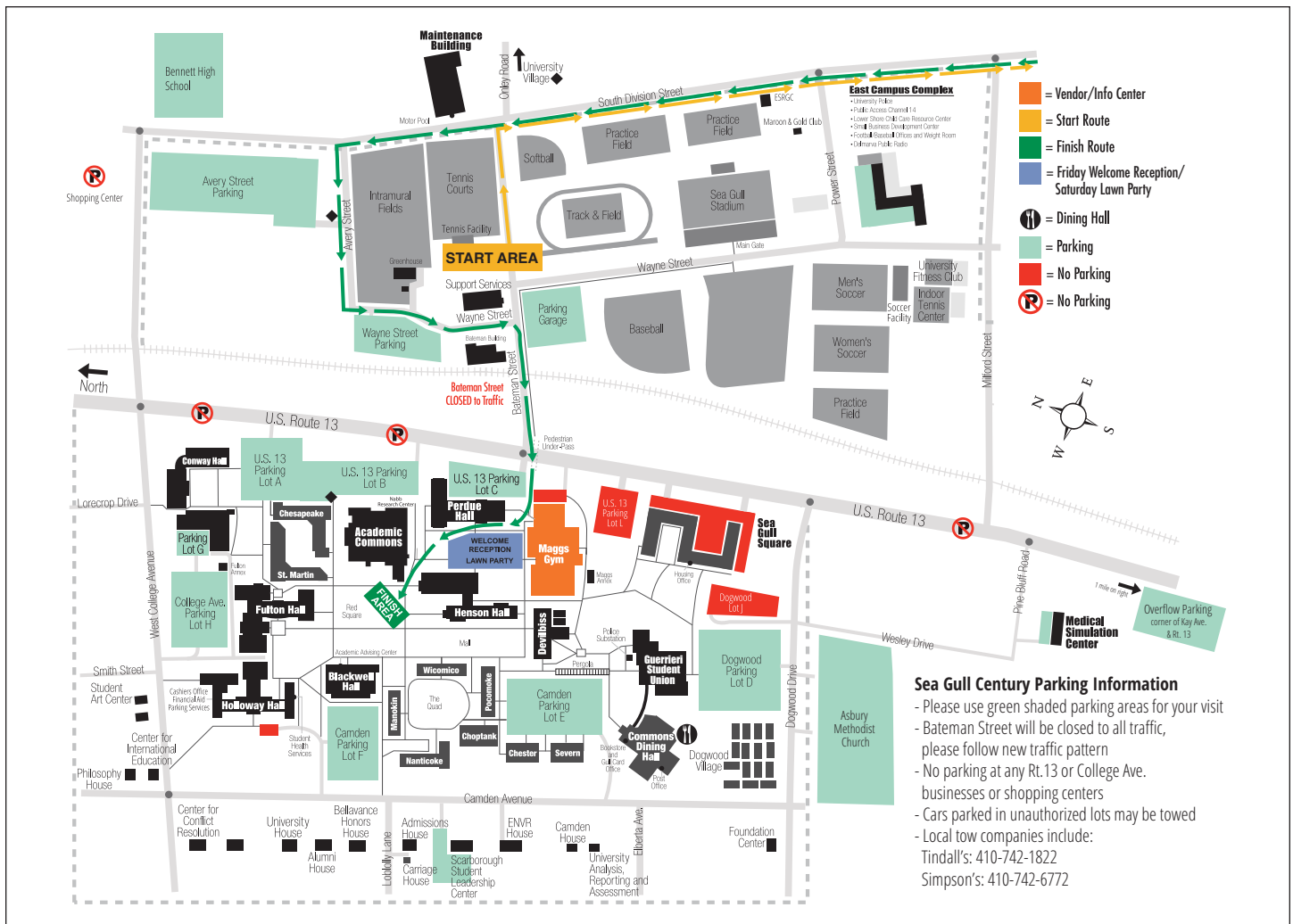
Bike Tech

- Techs are stationed at each rest stop and in front of Maggs Gym for ride support.
- Please make sure your bike is ready to go prior to Century weekend – tune-up!
- Bike techs are not available Friday.



Start Time 2nd Heat: 7:50-8:45 a.m.

All other riders.



SCHEDULE OF ACTIVITIES

FRIDAY, OCTOBER 4

3-8 p.m.

Vendors and Information desk open in Maggs Gym
Rider t-shirts can be picked up

4-6 p.m.

Pre-Ride Complimentary "Tour of the Shore" Kick-off Party, Perdue Lawn, included with registration, featuring local wine and beer

4:30-8:30 p.m.

Tour de Commons Dinner -
Commons Dining Hall (ticket holders only)

**Check our website for activities
in the area throughout the weekend:
www.seagullcentury.org**

SU is an Equal Opportunity/AA/Title IX university and provides reasonable accommodation given sufficient notice to the University office or staff sponsoring the event or program.

SATURDAY, OCTOBER 5

6:30-8:30 a.m.

Gear-Up, Hi-Carb Breakfast -
Commons Dining Hall (ticket holders only)

6:30 a.m.-6:30 p.m.

Information desk open in Maggs Gym

7 a.m.-6 p.m.

Vendors exhibit in Maggs Gym

7-9 a.m.

"Show and Go" start - do NOT need to check in

• Start Time 1st Heat: 7-7:45 a.m.

Pace groups and faster riders. For cycling safety, if you typically pass riders, please use this start time

• Start Time 2nd Heat: 7:50-8:45 a.m.

For all other riders

Noon-6 p.m.

Showers open, Maggs Gym (towels not provided)

Enjoy pie and ice cream at the finish line, near Lawn Party
(use bib number tear-off to claim your treat)

Massage, located near Lawn Party

\$20 for a 15-20 minute massage

SGC Post-Ride Lawn Party with live entertainment

4:30-8:30 p.m.

No Helmet Required Dinner Buffet -
Commons Dining Hall (ticket holders only)